



### Ensaladas (Salads)

- Choice of homemade dressings:  
Vinaigrette, Creamy Herb or Bleu Cheese
- TOSSED SALAD**..... \$3.40
- SEVENTH AVENUE SALAD** .....\$8.55
- Crisp lettuce & tomato topped with a mixture of olives, ham, Genoa salami, Swiss cheese, onions, green pepper, & Parmesan cheese.

### Potajes (Soups)

- CUP** .....\$3.40     **BOWL** ..... \$4.70
- Black Bean • Spanish Bean • Caldo Gallego • Chicken

### Favoritos (Favorites)

- CROQUETA DE JAIBA**  
(Devil Crab) ..... \$3.35
- Granny Jennie, my dear mother-in-law, shared this recipe with us. It is reminiscent of the devil crabs sold on the streets of Old Ybor City.*
- Made fresh daily in our kitchen with Blue Crab Claw Meat.

### SPANISH POTATOES

- Small Basket** ..... \$1.70
- Large Basket** ..... \$2.70
- Fresh potatoes, thinly sliced into potato chips, then deep fried and seasoned.

### Sandwiches

- PALOMILLA STEAK** ..... \$6.95
- Your choice of breaded or unbreaded palomilla steak topped with grilled onions, mustard or mayonnaise. Garnished with Spanish potatoes on the side.
- THE CASINO** ..... \$8.25
- Named for the Casino Bakery who has been making our authentic Cuban bread since 1912.*
- Our slow roasted pork topped with thinly sliced onions marinated in sour oranges and garlic mojo on Cuban bread, then hot pressed. Served with mojo on the side for dipping. Garnished with Spanish potatoes on the side
- ½ sandwich with a cup of soup.....\$8.25

- “THE” CUBAN** ..... \$3.99
- This “sandwich mixto” was originally created to provide the cigar workers with a quick, easy to eat lunch, but please take your time and savor this award-winning masterpiece!*
- Smoked ham, roasted pork, Genoa salami, Swiss cheese, pickle, mustard and mayonnaise on Cuban bread. Try it “a la plancha” (hot pressed).
- ½ sandwich with a cup of soup..... \$5.50

- THE AGLIANO** ..... \$7.25
- This sandwich is named after Agliano Seafood in Ybor City, established in 1915, and our beloved friend Buster Agliano. Spanish-style whitefish filet dusted with seasoned bread crumbs and deep fried, on Cuban bread. Topped with lettuce, tomato, pickle and our house tartar sauce. Garnished with Spanish potatoes on the side.*

### Especiales de la Casa (House Specialties)

- STEAK PEPE** ..... \$13.95
- This wonderful dish is named after Dablia’s father, who has come in every morning to help out since we opened in 1995. He is an inspiration to our staff and our family.*
- 9 oz. beef tenderloin filet, pounded thin, breaded in seasoned breadcrumbs, and sautéed, then topped with peas, parsley, pimentos, onions, and a burgundy wine sauce. Served with rice and one side item.
- FILETE LA SEPTIMA** ..... \$13.95
- 9 oz. Tenderloin filet, Spanish cut and lightly blackened. Topped with a red pepper garlic butter. Served with 2 side items.
- JAIBA ENCHILADA** ..... \$10.75
- This is a true Ybor City treat! Blue Crab Claw Meat in a light tomato sauce, served over angel hair pasta with a tossed salad.
- MEATLOAF** ..... \$7.85
- Old fashion – style meatloaf topped with a beef demi-glaze. Served with your choice of two side items.
- BEEF & THREE CHEESE LASAGNA** . \$9.95
- La Septima’s traditional lasagna, served with a tossed salad.

### El Sabor de Ybor (The Taste of Ybor)

- ARROZ CON POLLO**..... \$ 8.95
- Yellow rice and chicken just like our mothers’ and grandmothers’, seasoned with real saffron and lots of love! Served with one side item.
- ROPA VIEJA**..... \$11.85
- “Old Clothes” – Shredded tender flank steak slow simmered in a burgundy wine sauce. Served with 2 side items.
- PICADILLO CON PAPAS FRITAS**... \$9.55
- Ground beef, olives and capers in a seasoned tomato sauce and topped with shoestring potatoes. Served with 2 side items.
- WALK AROUND LA SEPTIMA**... \$12.45
- A sampling of house favorites. Ropa Vieja, Picadillo and Lechon Asado served with black beans and yellow rice. No substitutions, please.
- BREADED PALOMILLA STEAK**.....\$9.95
- Breaded palomilla steak topped with grilled onions. Served with 2 side items.
- PALOMILLA MILANESA** ..... \$10.95
- Breaded palomilla steak topped with a rich tomato sauce and garnished with chopped boiled eggs, peas, pimientos, and grated Romano cheese. Served with 2 side items.
- BOLICHE YBOR** ..... \$9.95
- Tender slices of eye round roast that has been stuffed with chorizo and baked in a light tomato sauce. Served with yellow rice and one side item.
- LECHON ASADO** ..... \$11.85
- Fresh pork marinated in our own sour orange mojo until it has soaked up the delicious blend of seasonings and then slow-roasted to perfect tenderness. Served with 2 side items.
- PESCADO A LA RUSA** ..... \$9.95
- Spanish-style whitefish filet dusted in seasoned bread crumbs and fried. Topped with our Russian-style sauce. Served with 2 side items.
- BLACK BEANS AND RICE** ..... \$5.85
- Your choice of yellow or white rice topped with our delicious black beans.

### A La Carte

- CHEF’S CHOICE, PEAS, YELLOW RICE, WHITE RICE, YUCA, PLATANOS MADUROS** ..... \$3.40 (Per Serving)
- BASKET OF BREAD (SIX PIECES)** .... \$1.05

### Side Item Choices

- Chef’s Choice..... Yellow ..... Rice ..... Yuca  
White Rice ..... Peas ..... Plátanos Maduros  
Cup of Soup..... Tossed Salad

### LA CANTINA de LA SEPTIMA CAFE

The following family meals are served with rice, your choice of tossed salad or black beans, Cuban bread and olive butter and a two liter bottle of Coke, Diet Coke, or Sprite.

- PICADILLO-FOR-FOUR** ..... \$32.40
- ROPA VIEJA-FOR-FOUR** ..... \$42.65
- LECHON ASADO-FOR-FOUR** ..... \$43.20
- PESCADO A LA RUSA-FOR-FOUR**..... \$43.15
- MASITAS DE PUERCO FRITA-FOR-FOUR** ..... \$38.25
- BREADED PALOMILLA STEAK-FOR-FOUR**..... \$41.95
- BISTEC MILANESA-FOR-FOUR** ..... \$42.95

### Other Family Meals

- ARROZ CON POLLO-FOR-FOUR** ..... \$38.30
- Whole chicken cut in quarters, served with yellow rice, your choice of tossed salad or black beans, Cuban bread with olive butter and a two liter bottle of Coke, Diet Coke or Sprite.
- All White Meat ..... \$41.85

THIS MENU IS FOR TAKE-OUT ORDERS ONLY. NO SUBSTITUTIONS, PLEASE.



**Full Breakfast**  
including Café Con Leche & Cuban Toast

**\$2.45** Monday-Friday  
7am to 11am

**Daily Lunch Specials**

**\$6.95** Monday to Friday

**Chef’s Dinner Specials**